

# THERAPY/WATER SLIDE POOL SCHEDULE

## East Area Family YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 AM	Closed	Closed	Closed	Closed	Closed	Closed	Closed	5:30 AM
6:00 AM								6:00 AM
6:30 AM								6:30 AM
7:00 AM								7:00 AM
7:30 AM								7:30 AM
8:00 AM								8:00 AM
8:30 AM								8:30 AM
9:00 AM	Therapy usage 9-10 am	Therapy usage 8 - 10 am	Therapy usage 9-10 am	Therapy usage 8 - 11 am	Therapy usage 9-10 am	Parent/Child Swim Lessons 8-12 pm	9:00 AM	
9:30 AM	9:30 AM							
10:00 AM	Join Action 10-10:45 am	Arthritis 10-10:45 am	Arthritis 10-10:45 am	Therapy usage	Pi Yo Chi 10-10:45 am		10:00 AM	
10:30 AM	10:30 AM							
11:00 AM	Arthritis 11 - 11:45am	Arthritis 11:15 - 12:00pm	Joint Action 11-11:45am	Arthritis 11:15 - 11:45am	Therapy usage 11-11:45am		11:00 AM	
11:30 AM	11:30 AM							
12:00 PM	Aqua Yoga 12 - 12:45pm	Aqua Yoga 12:05-12:50pm	Advanced Pi Yo Chi 12 - 12:45pm	Pi Yo Chi 12:05 - 12:50pm	Pi Yo Chi 12 - 12:45pm		Water Slide Open	12:00 PM
12:30 PM	12:30 PM							
1:00 PM	Therapy usage 1-2 pm	Therapy usage 1-2 pm	Therapy usage 1-2 pm	Therapy usage 1-2 pm	Therapy usage 1-2 pm	1:00 PM		
1:30 PM	1:30 PM							
2:00 PM	Pi Yo Chi 2 - 2:45pm	Closed	Closed	Closed	Closed	Water Slide Open		2:00 PM
2:30 PM	2:30 PM							
3:00 PM	3:00 PM							
3:30 PM	Closed	Therapy usage	Therapy usage	Closed	Closed	Therapy Usage	3:30 PM	
4:00 PM							4:00 PM	
4:30 PM							4:30 PM	
5:00 PM	Therapy usage	Incredible Kids	Parent Child Swim Lessons	Therapy usage	Therapy usage	Pi Yo Chi 4:30 - 5:15pm	5:00 PM	
5:30 PM	5:30 PM							
6:00 PM	Kids Inc. 6-7pm	Joint Action 6-6:45	Kids Inc. 6-7pm	Arthritis 6-6:45	Water Slide Open		Advanced Pi Yo Chi 5:30 - 6:15pm	6:00 PM
6:30 PM	6:30 PM							
7:00 PM	Closed	Closed	Closed	Closed		Closed	Closed	6:30 PM
7:30 PM					7:30 PM			
8:00 PM					8:00 PM			
8:30 PM					8:30 PM			
9:00 PM					9:00 PM			
9:30 PM					9:30 PM			
10:00 PM					10:00 PM			

*Schedules are subject to change per school breaks and programming. Please see head guard with questions.*

