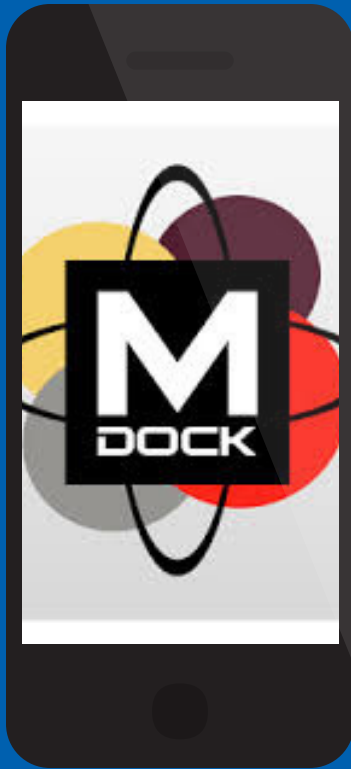




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STAYING CONNECTED

There's an app for that: M-Dock



With our new app, you can:

- View the schedule for your favorite classes and drop-in activities
- Scan in at the front desk
- Download your visit history
- Get timely notices from the Y

After you download the app on Google Play or the App Store, set up is easy:

- Enter the e-mail the Y has on file for you (not sure what it is? Ask at the front desk)
- Your password is your initials followed by your birthdate. So, for example, Frank Lewis, born July 9, 1986, would have a password of FL070986
- Under "organization," select "YMCA of Greater Syracuse"
- Then select your branch – Manlius or East. Please note that the app works for those two branches only. It may not be used to scan in at other branches.

