



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## "I'm ready to join the cause."

The cause of the YMCA is to strengthen community. As a **Friend of the YMCA**, I'm ready to join the cause.

I believe that lasting personal and social change can only come about when we work together to invest in our kids, our health and our neighbors. That's why I'm dedicated to helping local volunteers meet the needs of the community through the YMCA.

We will build the Northwest Family YMCA because it will help our community nurture the potential of kids, promote healthy living and foster a sense of social responsibility. We're in this together.

Checking this box represents my signature

**First Name:**  **Last Name:**  **Signature: (required)**  **Date:**

**Street:**  **City, State and Zip:**

**Telephone number:**

**E-mail address:**

### I want to help in the following ways:

- I want to help spread information about the value of a Y in our community.
- Please contact me. I'm interested in making a donation to help build the Northwest Family YMCA.
- I want to organize fundraising efforts in my neighborhood, circle of friends, or other group.

(Please specify the neighborhood or groups)

(Use the lines below to add any additional information about yourself or your interests)

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When you have completed this form, please click the "Submit by E-Mail" button below. You may also print the form and return it by mail or fax.

Friends of the YMCA, Northwest  
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