

# NORTHWEST FAMILY YMCA

## Gym 1 Schedule May 1 - June 25 (SP2 Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	<b>OPEN GYM IF NO ACTIVITY LISTED</b>						
1:00pm							
2:00pm							
3:00pm							
4:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
5:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
6:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
7:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
8:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
9:00pm- Close							

\*\*\*\*\*SCHEDULE IS SUBJECT TO CHANGE\*\*\*\*\*

Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

# NORTHWEST FAMILY YMCA

## Gym 2 Schedule May 1 - June 25 (SP2 Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	<b>OPEN ADULT GYM IF NO ACTIVITY LISTED</b>						
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm		Adult Pick up Basketball		Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
6:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
7:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
8:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
9:00pm - Close			*Adult Member Bball League				

\*\*\*\*\*SCHEDULE IS SUBJECT TO CHANGE\*\*\*\*\*

\* Registration Required for this program

Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

# NORTHWEST FAMILY YMCA

## Gym 3 Schedule May 1 – June 25 (SP2 Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am	Pick Up Pickle Ball	Kinder Art & Gym 9:15– 12:30	Pick Up Pickle Ball		Pick Up Pickle Ball	Pick Up Pickle Ball	
10:00am	Pick Up Pickle Ball		Pick Up Pickle Ball	Kinder Basketball 10:30–11:15	Pick Up Pickle Ball	Pick Up Pickle Ball	
11:00am	Pick Up Pickle Ball		Pick Up Pickle Ball		Pick Up Pickle Ball	Pick Up Pickle Ball	
12:00pm	Pick Up Pickle Ball		Pick Up Pickle Ball		Pick Up Pickle Ball	Pick Up Pickle Ball	
1:00pm							
2:00pm	OPEN GYM IF NO ACTIVITY LISTED						
3:00pm							
4:00pm	Women's Pick Up Basketball	*SACC School Age Child Care	*SACC	*SACC	*SACC	*SACC	
5:00pm	Women's Pick Up Basketball	*SACC (5:30)	*SACC (5:30)	Youth Bball Skills 5:15–6:00	*SACC (5:30)	*SACC (5:30)	
6:00pm	Women's Pick Up Basketball	Youth/Family Pick up Basketball	Adult Pick up Basketball	Bball Skills & Drills 6:00–7:00	Youth/Family Pick up Basketball	Youth/Family Pick up Basketball	
7:00pm		Youth/Family Pick up Basketball	Adult Pick up Basketball	Youth/Family Pick up Basketball	Youth/Family Pick up Basketball	Youth/Family Pick up Basketball	
8:00pm		Youth/Family Pick up Basketball	Adult Pick up Basketball	Youth/Family Pick up Basketball	Youth/Family Pick up Basketball	Youth/Family Pick up Basketball	
9:00pm–Close							

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\* Registration Required for this program

Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

# NORTHWEST FAMILY YMCA

## Turf Field Schedule May 1 - June 25 (SP2 Session)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FIELD AVAILABILITY:</b>						
8am-11am OPEN  11am-12pm *LAX ONLY  12pm-6pm OPEN	5:30am-9am OPEN  *9-12:30pm Kinder Sports  12:30-7pm OPEN  7pm-8pm *LAX ONLY  8pm-10pm OPEN	5:30am-4pm OPEN  4pm-5pm *LAX ONLY  5pm-10pm OPEN	5:30am-7pm OPEN  7pm-10pm Adult Pick-Up Soccer	5:30-10:15am OPEN  *10:15-11:30am Kinder Soccer  11:30-1pm OPEN  1pm-3pm Home School  1pm-5pm OPEN  *5pm-7pm Youth/Tween/Teen Soccer  7pm-10pm OPEN	<div style="background-color: yellow; padding: 5px; text-align: center;"> <b>Reminder children under the age of 8 MUST be with an adult</b> </div> 5:30am-5pm OPEN  5pm-6pm *LAX ONLY  6pm-10pm OPEN	5:30-10:30am OPEN  10:30am-12pm *LAX ONLY  12pm-8pm OPEN
<div style="background-color: black; color: white; padding: 10px;"> <b>OPEN = General Play, No Lax Shooting or Wall Ball (Wall Ball allowed in Sports Courts 2 &amp; 3) NO REAL LAX BALLS DURING OPEN TIMES *SEE A SPORTS STAFF TO GET A PRACTICE LAX BALL</b> </div>						
<b>*Helmets/Goggles are REQUIRED for any LAX ONLY times (Helmets &amp; Goggles not provided)</b>						

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\*\*Registration Required for these programs

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