

Northwest Family YMCA

Gym/Turf Schedule

January 1-February 17

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------------------|--|---|---|---|---------------------------------|--|---|
| Court 1 <i>Teen</i> | Volleyball League 5:30 pm - 10:00 pm | | | | | | |
| Court 2 <i>Adult</i> | | Member Basketball 6:00 pm - 10:00 pm | | | | | |
| Court 3 <i>Family</i> | | Pickleball 9:00 am - 1:00 pm | Youth Basketball 5:00 pm - 7:00 pm | Pickleball 9:00 am - 1:00 pm Pick-up Volleyball 7:00 pm - 10:00 pm | Pickleball 9:00 am - 1:00 pm | Kinder Basketball 9:30 am - 10:15 am <i>Family Fun Night</i> <i>1/27, 2/3, 3/3</i> <i>6:00 pm-8:00pm</i> | Pickleball 9:00 am - 1:00 pm Women's Pick-up Basketball 4:00 pm - 6:00 pm |
| Turf | Kinder Art/Sports 9:00 am- 10:15 am Kinder Sports 10:30 am - 11:15 am | Kinder Sports 5:30 pm - 6:15 pm | Adult Pick-up Soccer 7:00 pm - 10:00 pm | Kinder Soccer 10:30 am-11:15 am Home School 1:00 pm - 3:00 pm Youth Soccer/ Lacrosse 5:00 pm - 8:00 pm | | Y-Fit 9:15 am - 11:00 am <i>Family Fun Night</i> <i>1/27, 2/3, 3/3</i> <i>6:00 pm-8:00pm</i> | |

** OPEN GYM IF NO ACTIVITY LISTED**

** There may be basketball personal training on Court 1 any day.

** Our SACC program may use some of the facility in the afternoon and days off of school**