

NORTHWEST FAMILY YMCA

Gym 1 Schedule **February – April (SP I Session)**

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	OPEN GYM IF NO ACTIVITY LISTED						
1:00pm							
2:00pm							
3:00pm							
4:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
5:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
6:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
7:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
8:00pm		Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	Tween/Teen Pick up Basketball	
9:00pm- Close							

*****SCHEDULE IS SUBJECT TO CHANGE*****

* Registration Required for this program

Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

NORTHWEST FAMILY YMCA

Gym 2 Schedule February– April (SP I Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	OPEN ADULT GYM IF NO ACTIVITY LISTED						
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
7:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
8:00pm		Adult Pick up Basketball	*Adult Member Bball League	Adult Pick up Basketball	Adult Pick up Basketball	Adult Pick up Basketball	
9:00pm–Close			*Adult Member Bball League				

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NORTHWEST FAMILY YMCA

Gym 3 Schedule February– April (SP I Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am	Pick Up Pickle Ball	Kinder Art & Gym 9:15– 11:00	Pick Up Pickle Ball		Pick Up Pickle Ball		
10:00am	Pick Up Pickle Ball		Pick Up Pickle Ball	Kinder Basketball 10:30–11:15	Pick Up Pickle Ball		
11:00am	Pick Up Pickle Ball		Pick Up Pickle Ball		Pick Up Pickle Ball		
12:00pm	Pick Up Pickle Ball		Pick Up Pickle Ball		Pick Up Pickle Ball		
1:00pm	Pick Up Pickle Ball		Pick Up Pickle Ball		Pick Up Pickle Ball		
2:00pm	OPEN GYM IF NO ACTIVITY						
3:00pm							
4:00pm	Women's Pick Up Basketball	*SACC School Age Child Care	*SACC	*SACC	*SACC	*SACC	
5:00pm	Women's Pick Up Basketball	*SACC (5:30)	*SACC (5:30)	Youth Bball Skills 5:15–6:00	*SACC (5:30)	*SACC (5:30)	
6:00pm	Women's Pick Up Basketball	*4's Volleyball League	Adult Pick up Basketball	Bball Skills & Drills 6:00–7:00	4/6's Volleyball Pickup	Youth/Family Pick up Basketball	
7:00pm		*4's Volleyball League	Adult Pick up Basketball	Bball Skills & Drills 7:00–8:00	4/6's Volleyball Pickup	Youth/Family Pick up Basketball	
8:00pm		*4's Volleyball League	Adult Pick up Basketball	Bball Skills & Drills 8:00–9:00	4/6's Volleyball Pickup	Youth/Family Pick up Basketball	
9:00pm–Close		*4's Volleyball League			4/6's Volleyball Pickup		

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Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

NORTHWEST FAMILY YMCA

Turf Field Schedule February– April (SP I Session)

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am							
8:00am							
9:00am		*Kinder Art & Gym 9:15-10:15					
10:00am		*Kinder Sports 3-4 yr olds 10:30-11:15			*Kinder Soccer 3-5 yr olds 10:30-11:15		
11:00am							
12:00pm	OPEN TURF IF NO ACTIVITY LISTED						
1:00pm						*Home School Art & Gym	
2:00pm						*Home School Art & Gym	
3:00pm						*Home School Art & Gym	
4:00pm							
5:00pm					*Youth Soccer Skills 5-7 yr olds		
6:00pm					*Advanced Soccer Drills 8-10 yr olds		
7:00pm				Pick Up Soccer	*Advanced Soccer Drills 11-13 yr olds		
8:00pm				Pick Up Soccer			
9:00pm- Close				Pick Up Soccer			

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Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care

NORTHWEST FAMILY YMCA

Gym Schedule March-April (SP I Session) Sport Court 1 - Basketball

AGES 10 & under

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	OPEN IF NO ACTIVITY LISTED						
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm		Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	
7:00pm		Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	
8:00pm		Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	
9:00pm- Close		Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	Basketball Shoot Around	

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NORTHWEST FAMILY YMCA

Gym Schedule March-April (SP I Session) Sport Court 2

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	OPEN IF NO ACTIVITY LISTED						
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm- Close							

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NORTHWEST FAMILY YMCA

Gym Schedule March-April (SP I Session) Sport Court 3

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am							
9:00am							
10:00am							
11:00am	OPEN GYM IF NO ACTIVITY LISTED						
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm		*SACC	*SACC	*SACC	*SACC	*SACC	
5:00pm		*SACC (5:30)	*SACC (5:30)	*SACC (5:30)	*SACC (5:30)	*SACC (5:30)	
6:00pm							
7:00pm							
8:00pm							
9:00pm- Close							

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* Registration Required for this program

Gym 3 & Sport Court 3 will have limited availability during school breaks & snow days to accommodate our School Age Child Care