

TEEN CENTER

(AGES 10-18)

The Teen Center is the perfect place to come and unwind after school while spending some time at the YMCA! Join us for snacks, XBOX, foose ball, pool and so much more!

TEEN CENTER HOURS:

Monday- Friday 3:30-8:00p.m.

Saturday: 11:00a.m.-4:00p.m.

Sunday: 1:00p.m.-4p.m.

Days off from School

Monday-Friday 12:00 - 8:00pm

Come hang out in the Teen Center for xBox One, fooseball, pool, snacks, and so much more!

TWEEN CLUB

(GRADES 5-7)

Do you go to Eagle Hill or Wellwood Middle School? Are you looking for something fun to do after school? Join us in the Teen Center for Tween Club!

TWEEN CLUB PROGRAM HOURS:

MONDAY-FRIDAY

3:00pm-6:00pm

DAYS OFF OF SCHOOL

Tween Club provides care on days off of school, half days, snow days and during vacation weeks. Buses from the FM Middle Schools transport the Tween Clubbers to the Y on days off of school

Tween Club Head of Group:
Noelle Downey

TEEN UNIVERSITY

(AGES 10-18)

Teen University was created to foster the growth of all Teens through programs that promote a creative culture, innovative thinking and development of strong leadership capacities.

Teen University is meant to provide our teen YMCA members with additional benefits to their membership. This new program allows you to earn credits for taking classes here.

For more information, contact the Teen Department.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TWEEN & TEEN PROGRAMMING

TWEEN & TEEN BIRTHDAY CELEBRATIONS

AGES 10-14; SATURDAYS AND SUNDAYS

WORK WITH OUR TEEN DEPARTMENT TO CREATE A PARTY THAT WILL BE EXTRA SPECIAL FOR YOUR TEEN OR TWEEN'S NEXT BIG DAY!

TEEN CENTER BIRTHDAY PARTIES

Saturdays and Sundays for 2 hours / \$150-\$200 for a maximum of 20 children

*Pricing varies depending on package; call x230 for information

BOUNCIN' BIRTHDAY BASH

Offered Saturdays 2:00p.m - 6:30p.m; Sundays 10:00a.m - 6:30p.m

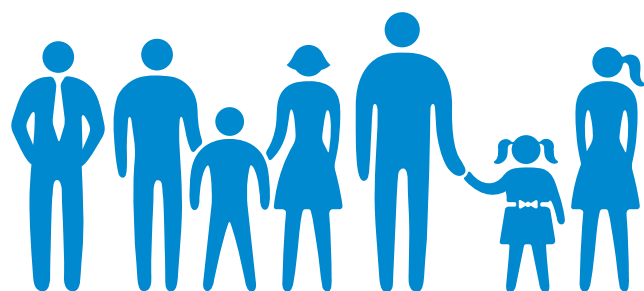
Spend time bouncing and racing through our inflatable obstacle course. Contact our Birthday Coordinator to hear about the three different inflatable options and their price tiers.

WE OFFER OVERNIGHT PARTIES TOO!

Overnights start at 7:00p.m. Saturday and end at 8:00a.m. Sunday / \$350; Maximum of 12 teens

FOR MORE INFORMATION OR TO SCHEDULE A PARTY, PLEASE CONTACT:

Jamie Schleicher, Birthday Party Coordinator at jschleicher@syracuseymca.org or at 315-264-3269



FOR MORE INFORMATION, CONTACT:

Meredith Ouder Kirk, Teen Coordinator,
mouderkirk@syracuseymca.org, ext 230, or
Allie Clarke, Director of Camp Iroquois and Teens,
aclarke@syracuseymca.org, ext 210

FALL | 2018
HAL WELSH EAST AREA FAMILY YMCA TEEN DEPARTMENT

LEADERS CLUB

(7TH - 12TH GRADE)

Thursdays 7:00pm-8:30pm

September - June

• Open to all teens, \$20 for the school-year

Session: 18ONG

Code: 0433Leaders

This program is a Nationwide YMCA program for teens in grades 7-12 grades that develops leaders through character development training, service learning and social development with the outcome of personal growth. Participants have the opportunity to attend regional conferences multiple times a year that unite them with teens from all around the Northeast to create lasting friendships.

JR LEADERS CLUB

(5TH - 8TH GRADE)

Tuesdays 6:00pm-7:30pm

*Open to all teens and tweens, \$20

for the 2018-2019 school year

Session: 18ONG

Code: 0433JRLeaders

In this is the prelude to Leaders club, tween and teens get a chance to develop their character through leadership skill building and service learning. Participants in Jr. Leaders have the opportunity to attend regional conferences throughout the year, where they can make friends all over the Northeast region!

YOUTH AND GOVERNMENT

(7TH - 12TH GRADE)

Mondays 6:30pm-8:00pm

September 24- March 25

• Free to all Teens

Session: 18ONG

Code: 0433YAG

Youth and Government is a national YMCA program with the motto "Democracy must be learned by each generation". This hands-on program demands hard work, a professional demeanor and a serious commitment on the part of the students. Youth and Government provides participants with the unique opportunity to craft and argue their own bill. Students also have the opportunity to attend conferences on regional, state and national levels.

TEEN UNIVERSITY



FALL I SESSION

September 9th - October 20th

SIX WEEK PROGRAMS

SIX WEEK COOKING CLASS:

(AGES 9-14)

Mondays 6:30pm-8:30pm

\$65 Family Members/ \$85 Youth Member

Join us for cooking creations! Each week the teens will learn how to make a different entrée and side. We will do our best to introduce the pickiest of eaters to new foods, but please consider allergies.

Code: 0433COOK

GYM RATS

(AGES 8+), Free

Ongoing throughout the school year Monday through Friday 5:00p.m. - 5:30p.m.

Looking for some action after being stuck in a school desk all day? We don't blame you. Whether you're after friendly competition or the joy of the game, gym rats has something for you!

YPALS

(AGES 11-14), Free

Wednesdays 5:00pm-6:00pm with Pal, 6:15-7:00pm teen group
Would you like to make new friends while giving back to your community? YPals are a group of big-hearted kids interested in working with peers or youth with special needs. Through orientation and weekly meetings, you'll learn all about making diverse, meaningful friendships and support the YMCA mission!

Code: 0433YPALS

ONE DAY PROGRAMS

BABYSITTING COURSE

(AGES 11 - 15)

10:00am - 12:00pm

Saturday, October 13th

Members \$30/ Non-Member \$50

Teens who take this class will feel more comfortable when taking steps to begin babysitting. At the end of this fun and interactive class each participant will receive a certificate for his or her completion. Topic discussions include: emergencies, strangers, how to get a job, babysitters' responsibilities, diapering, feeding, basic first aid, ideas for entertaining children, and much more.

Code: 0433BABSIT01

HOME ALONE

(AGES 9-12)

10:00am - 12:00pm

Saturday, September 15th

Members \$30/ Youth Member \$50/ Non-Member \$70

Too old for a babysitter? With a little help from our Home Alone class, you won't need one! Learn what's expected of you along with other safety do's and don'ts that are a must-know when being left alone. Put your parent's minds at ease and sign up

Code: 0433HOMEAL

COOKING INTENSIVE

(AGES 9-14)

Saturday, September 22

10:00am - 12:00pm

\$30 Family Member/ \$50 Youth Member/ \$70 Non-Member

In this one day class you will learn how to make one complete meal. This will include an entrée, side and dessert. Each teen will be able to make their own plate, and have the opportunity to take some home! It is bound to be delicious!

Code: 0433COOKIT

Did you know that we offer free swim lessons and academic support to YMCA members?

If this is something that interests you, be sure to talk to someone in the Teen Center or at the front desk!

TEEN DEPARTMENT EVENTS

MIDNIGHT MADNESS

October 12

November 16

December 14

Middle and High School Students, 9:30pm - 1:00am

Members \$3

Non Members \$6, plus guest waiver

Bring money for food! The Y's door will be open to teens and tweens for a night of fun activities once a month! These nights are a great way to hang out with friends and support our Leaders Club!

HALLOWEEN LOCK IN

(AGES 8-12)

Fri Oct 19 at 7:00pm (Drop off)

Sat Oct 20 at 9:00am (Pick up)

\$45 per child; second child discount \$10

Session: 18FL1 / Code: 0433HALOVT

Monster make-overs, creepy critter scavenger hunts and gooey snacks are just a few of the things you can expect to enjoy during our 5th annual Halloween Lock In. Come in costume or come as you are, we won't turn any ghost, ghoul or goblin away! So, bring your swimsuit and monster friends and head to the Y for an unforgettably spooky experience! A late night snack and breakfast will be provided.

*Children 4-7 Can take part in our younger overnight.
Contact Cassandra Rohwer (x237) for more information.



FOR MORE INFORMATION, CONTACT:

Meredith Ourderkirk,

Teen Coordinator

(315) 637-2025 ext. 230

mouderkirk@syracuseymca.org

QUESTIONS ABOUT WHAT IS GOING ON? CONTACT:

Meredith Ourderkirk,

Teen Coordinator

(315) 637-2025 ext. 230

mouderkirk@syracuseymca.org

KEEP AN EYE OUT FOR OUR FALL II DATES:

Babysitting: Nov 10th

Home Alone: Dec 8th

Cooking Intensive: Dec 1