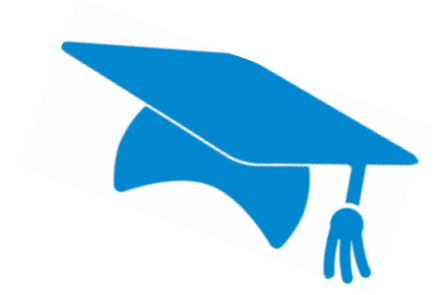


TEEN UNIVERSITY



I. MAJOR REQUIREMENTS

Intentional Focus on: (Pick One)

Youth Development

- Teens
- Inclusion
- Art
- Education
- Camp

Healthy Living

- Sports
- Athletic Performance
- Running Program
- Tennis
- Health and Wellness
- Aquatics

Social Responsibility

- Teens
- Aquatics
- Inclusion
- Togetherhood
- Education

Minimum of 10 Courses (10 credits)

Required Curriculum: (Pick One)

Participation is required for at least one session

Youth and Government

(1 credit minimum)

Additional credits provided for full year completion, and attendance at Regional or State events.

Leaders Club

(1 credit minimum)

Additional credits provided for full year completion, and attendance at Seasonal Rallies or Leaders School.

II. ELECTIVE REQUIREMENT

Minimum of 4 Courses (6 credits)

An assortment of classes that do not fall into the designated major category, or those courses that exceed the number of necessary credits for major in the same category

III. VOLUNTEER REQUIREMENT

75 hours of Volunteer Service

Can be completed in conjunction with any program or focus area, must obtain supervisor signature at time of service and must be completed in a YMCA of Greater Syracuse facility

IV. (OPTIONAL) HIGH SCHOOL EMPLOYMENT

Employment by the YMCA of Greater Syracuse will be considered for Teen University Credit. The credit value will be determined at time of submission.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CREDIT YOUR FOCUS

Teen University FAQ

WHO:

This program was created by the YMCA of Greater Syracuse for 7th-12th graders who demonstrate continued YMCA involvement through their high school career, and portray the YMCA core values in their everyday life.

WHAT:

This program curriculum allows teens to earn YMCA program credits for programs participation, volunteer hours and employment. This program culminates with a senior scholarship that all Teen University graduates are encouraged to apply for.

WHY:

Teens who are connected to the YMCA are developing hard and soft skills throughout every opportunity that allow them to be stronger in spirit, mind and body. This program gives credit to those skills to show investment and personal growth.

HOW:

Teens register for programs based on their desired major in one of the YMCA's three focus areas and electives. The YMCA tracks the teen's progress and their transcripts.

For more questions or further information about Teen University, contact Allie Clarke, Director of Camp Iroquois and Teens, aclarke@syracuseymca.org