



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GLIDE INTO SUMMER FUN

ARTS DANCE SPECIAL INTERESTS SPORTS



**NORTHWEST FAMILY YMCA**  
**SUMMER CAMP GUIDE 2018**

Registration Opens Feb 3

# GOOD TIMES START HERE

Our Northwest Family YMCA has your family covered with a summer full of awesome camps to keep boredom at bay while the kids are on vacation. We've designed our programs to cover a wide range of ages, activities and times to ensure there is something for everyone this summer!

**OVERVIEW** Our camps were created to keep children active and engaged over the summer, with tons of great options available. Our counselors are all trained, enthusiastic individuals committed to providing safe, diverse, FUN programs for all campers. We screen, interview and carefully select all staff based on their ability to effectively work with children.

**REGISTRATION PROCESS** Please complete the registration form on the back cover of this guide with your camp selections. One of our Member Services Representatives will be able to assist you with any questions and accepting your \$20 non-refundable deposit per camp to register your child(ren).

**SCHOLARSHIP OPPORTUNITIES** The Y believes that every kid deserves the opportunity to discover who they are and what they can achieve. With the support of generous donors contributing to our Annual Campaign, the YMCA of Greater Syracuse is gearing up for another summer of making a big impact on kids in our community by providing financial assistance to families in need. If you believe your family may qualify for a financial scholarship for one of our program camps, please contact our Director of Giving, Mara Roberts at (315) 474-6851 or [mroberts@syracuseymca.org](mailto:mroberts@syracuseymca.org).

**INCLUSION SUPPORT SERVICES** Through the Ys partnerships with Access CNY and the Office of People with Developmental Disabilities, our Y is able to offer support services to children with developmental disabilities. Support staff are available in all Y summer day camp programs on a first come, first served basis providing kids with disabilities the opportunity to enjoy a successful summer camp experience in an inclusive setting.

Pending approval through OPWDD, children will be provided either 1:1 or shared support during the camps, with the level of support determined on a case-by-case basis. Certain paperwork and information above and beyond the camp registration forms are necessary to submit your inclusion support request. Please contact our Inclusion Coordinator to secure summer camp support for your child at (315) 451-2562 x205.



# KINDER CAMPS

## FOR PRESCHOOLERS

Our Kinder Camps are designed for preschool-aged children. These camps focus on fine and gross motor skill development, and cultivating creativity and positive forms of self-expression while engaging in fun, social activities.

### MINI-ARTISTS CAMP

Let your "mini-artist" explore a variety of materials, processes and tools in the Art Studio this summer! Camps focus on building fine motor and social skills while getting creative! Different projects each week.

WEEK 1	June 25- 29	9:00 - 11:00am
WEEK 5	July 23 - 27	1:00 - 3:00pm
WEEK 9	Aug 20 - 24	9:00 - 11:00am

YMCA of Greater Syracuse Members \$95 / Non-Members \$135  
Web Registration Code: 18PCM 0749CMPMIN01-03

### DANCE / ART COMBO CAMP

Perfect for little ones who love to express themselves artistically! Your child will be active while learning foundations of dance and have an opportunity to create a variety of projects in our Art Studio.

WEEK 3	July 9 -13	1:00 - 3:00pm
WEEK 6	July 30 - Aug 3	1:00 - 3:00pm

YMCA of Greater Syracuse Members \$95 / Non-Members \$135  
Web Registration Code: 18PCM 0749CMPDAN01-02

### NEW! ART / SPORTS COMBO CAMP

Campers will be excited about learning new games and teamwork on the sports courts, as well as stretching their creativity and practicing fine motor skills in our Art Studio!

WEEK 8	Aug 13 -17	9:00-11:00am
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YMCA of Greater Syracuse Members \$95 / Non-Members \$135  
Web Registration Code: 18PCM 0749CMPSP01



### EXPLORATIONS & CREATIONS CAMP

Explore the world around you! Encourage your imagination with our fun themes, a different one every day such as exploring colors, learning about different animals and more.

MONDAY-THURSDAY	1:00-3:00pm	
WEEK 3	July 9 - 12	1:00 - 3:00pm
WEEK 6	Jul 30 - Aug 2	1:00 - 3:00pm

YMCA of Greater Syracuse Members \$48 / Non-Members \$60  
Web Registration Code: 18PCM 0721EXPL01-02

### KINDER SPORTS

So many sports to test out in this engaging camp! We will focus on kickball, basketball, baseball, floor hockey, lacrosse, soccer, and track and field. Our "coaches" will use fun games, drills and activities to keep your child's attention while helping them touch on the fundamentals of each sport.

WEEK 4	July 16 - 20	9:00am - Noon
WEEK 7	Aug 6 - 10	9:00am - Noon

YMCA of Greater Syracuse Members ONLY \$95  
Web Registration Code: 18PCM 0741KINCMP01-02

## CAMP IROQUOIS

### OUTDOOR ADVENTURES AWAIT

Ages 3-14 / June 25 - August 17 (4 two-week sessions)

YMCA Day Camp Iroquois has been creating quintessential camp memories since 1933. Being the oldest continuously operating day camp in the country, we have touched lives, created bonds, and continued traditions for kids throughout our rich history. Don't miss out on a summer experience of a lifetime! Camp Iroquois is located at 4795 Sweet Road, Manlius.

- Archery
- Arts and crafts
- Boating and canoeing
- Hiking
- Horseback riding
- Nature studies
- Skits
- Swimming

Contact Allie Clarke, Camp Iroquois Director, at (315) 637-2025 or [aclarke@syracuseymca.org](mailto:aclarke@syracuseymca.org) for additional details or questions. You can also visit our website at [www.ycny.org](http://www.ycny.org) for more information.



# YOUTH CAMPS

## COMPLETED GRADES K - 2

Our Youth Camps encourage development, coordination, communication and listening skills to facilitate understanding of basic concepts. Kids will socialize and have a blast as instructors keep them on their toes in a fun, fast-paced setting to learn, play and grow.

### YOUNG ARTISTS CAMP

Let your budding young artist blossom in the Art Studio this summer! Camps are designed to cover a breadth of materials while building creative thinking, fine motor and social skills. Different projects each week.

WEEK 1	June 25 - 29	1:00 - 3:00pm
WEEK 5	Jul 23 - 27	9:00 - 11:00am
WEEK 9	Aug 20 - 24	1:00 - 3:00pm

YMCA of Greater Syracuse Members \$95 / Non-Members \$135  
Web Registration Code: 18PCM 0749CMPYNG01-03

### NEW! CLAY CAMP

A whole week of creating in clay! Participants will construct several masterpieces while learning a wide range of clay processes and sculpting techniques.

WEEK 8	Aug 13 - 17	1:00 - 3:00pm
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YMCA of Greater Syracuse Members \$105 / Non-Members \$145  
Web Registration Code: 18PCM 0749CMPCLY01

### DANCE / ART COMBO CAMP

Perfect for little ones who love to express themselves artistically and creatively! Your child will be active while learning foundations of dance and have an opportunity to create a variety of projects in our Art Studio.

WEEK 3	July 9 - 13	1:00 - 3:00pm
WEEK 6	July 30 - Aug 3	1:00 - 3:00pm

YMCA of Greater Syracuse Members \$95 / Non-Members \$135  
Web Registration Code: 18PCM 0749CMPDAN03-04

### NEW! FULL DAY ULTIMATE COMBO CAMP

Campers will have the opportunity to grow their social, cognitive and kinesthetic skills with a variety of projects in our Art Studio and getting active in daily breakout sessions on our turf field and sports courts. Plus, participants will enjoy cooling off in the pool and a relaxing lunch hour outdoors.

WEEK 10	Aug 27 - 31	9:00am - 4:00pm
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YMCA of Greater Syracuse Members \$195 / Non-Members \$260  
Web Registration Code: 18PCM 0749CMPULT01

### ART / SPORTS COMBO CAMP

Campers will have the opportunity to grow their social, cognitive and kinesthetic skills by creating a variety of projects in our Art Studio and getting active with daily breakout sessions on our turf field and sports courts.

WEEK 8	Aug 13 - 17	9:00 - 11:00am
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YMCA of Greater Syracuse Members \$195 / Non-Members \$260  
Web Registration Code: 18PCM 0749CMPSPY01

### DISCOVERIES & INNOVATIONS CAMP

What will you discover? Join us for fun activities based around a different theme each day. These may include human anatomy, sticky slime and more!

MONDAY-THURSDAY 1:00-3:00pm

WEEK 4	Jul 16 - 19	1:00 - 3:00pm
WEEK 7	Aug 6 - 9	1:00 - 3:00pm

YMCA of Greater Syracuse Members \$48 / Non-Members \$60  
Web Registration Code: 18PCM 0721DISCOV01-02

### SOCCER CAMP

An intensive camp designed to help players improve their dribbling, first touch, passing and shooting skills. Players will gain confidence on the field with peers.

WEEK 3	July 9 - 13	9:00am - Noon
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YMCA of Greater Syracuse Members ONLY \$115  
Web Registration Code: 18PCM 0741SOCCMP01

### SPORTS EXTREME

A great way for your child(ren) to try a variety of different sports and athletic games. Our rotation includes soccer, basketball, flag football, kickball, dodgeball and more!

WEEK 5	July 23 - 27	9:00am - Noon
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YMCA of Greater Syracuse Members ONLY 95  
Web Registration Code: 18PCM 0741SPTCMP01

# TWEEN CAMPS COMPLETED GRADES 3 - 5

Campers will take an active role in their learning, developing both self-confidence and self-expression as they bond with their peers. "Bored" will be banished from their vocabulary!

## MASTER ARTISTS CAMP: CERAMICS

Campers will discover the versatility of clay as they craft beautiful ceramic vessels and sculptures that stretch their creativity while building a variety of artistic skills.

WEEK 4 July 16 - 20 1:00 - 4:00pm

YMCA of Greater Syracuse Members \$135 / Non-Members \$165  
Web Registration Code: 18PCM 0749CMPMAS01

## MASTER ARTISTS CAMP: DRAWING & PAINTING

Designed for campers who love art and want to build their technical and creative thinking skills. Students will complete several advanced 2-D projects and explore a variety of media.

WEEK 7 Aug 6 - 10 9:00am - Noon

YMCA of Greater Syracuse Members \$125 / Non-Members \$155  
Web Registration Code: 18PCM 0749CMPMAS02

## NEW! FULL DAY ULTIMATE COMBO CAMP

Campers will have the opportunity to grow their social, cognitive and kinesthetic skills by creating a variety projects in our Art Studio and getting active with daily breakout sessions on our turf field and sports courts. Plus, participants will enjoy cooling off in the pool and a relaxing lunch hour outdoors.

WEEK 10 Aug 27 - 31 9:00am - 4:00pm

YMCA of Greater Syracuse Members \$195 / Non-Members \$260  
Web Registration Code: 18PCM 0749CMPULT02

## FUN WITH STEM (SCIENCE, TECHNOLOGY, ENGINEERING, MATH)

A variety of science concepts will be introduced through hands-on experiments, such as kitchen chemistry, PETacular fun and UPcycle treasures.

MONDAY-THURSDAY 1:00-3:00pm

WEEK 5 July 23 - 26 1:00 - 3:00pm

WEEK 8 Aug 13 - 16 1:00 - 3:00pm

YMCA of Greater Syracuse Members \$48 / Non-Members \$60  
Web Registration Code: 18PCM 0731STEM

## STAYING HOME ALONE / 8 IS GREAT

This camp will ensure you are prepared to stay home alone. We will cover: working with your parents, house rules, knowing your home, guidelines for staying home alone, activities to keep you busy and quick recipes. Also, being 8 years old at the YMCA is a BIG responsibility with the privilege of taking classes, going swimming, playing in the gym, or hanging out with friends all by yourself.

MONDAY-WEDNESDAY 1:00-3:00pm

WEEK 9 Aug 20 - 22 1:00 - 3:00pm

YMCA of Greater Syracuse Members \$48 / Non-Members \$60

Web Registration Code: 18PCM 0731ALONE

## BASKETBALL CAMP

Campers will be treated to all things basketball - ball handling, dribbling, shooting, passing, conditioning, free throws and more will be covered with fun games and drills.

WEEK 6 Jul 30 - Aug 3

Half Day 9:00am - Noon

Full Day 9:00am - 4:00pm

YMCA of Greater Syracuse Members ONLY

Half Day \$115 / Full Day \$175

18PCM 0741BBCMP01-04

## SOCCER CAMP

An intensive camp designed to help players improve their dribbling, first touch, passing and shooting skills. Players will gain confidence on the field with peers.

WEEK 3 July 9 - 13 9:00am - Noon

YMCA of Greater Syracuse Members ONLY \$115

18PCM 0741SOCCMP03-06

## SPORTS EXTREME

Get active playing a variety of sports and fun athletic games. From basketball to capture the flag, your athlete will learn and compete in many popular games.

WEEK 5 July 23 - 27 9:00am - Noon

YMCA of Greater Syracuse Members ONLY \$95

18PCM 0741MEDCMP01-04



# TEEN COMPLETED GRADES 6 - 8

Unique offerings for older kids to build life skills or hone their athletic talents.

## ADVENTURES IN BABYSITTING

### INCLUDING FIRST AID & CPR CERTIFICATIONS

Teaches the basics of babysitting including age characteristics, role playing, parent expectations, emergency procedures (including CPR & 1st Aid certifications) and more. Each camper receives a handbook and certificate\*.

WEEK 1	June 25 - 28	
MONDAY	Course Material	1:00-3:00pm
TUESDAY	CPR Course	Noon-3:00pm
WEDNESDAY	First Aid Course	Noon-3:00pm
THURSDAY	Course Material	1:00-3:00pm

\*Students must attend all days and pass CPR & First Aid Exams to receive certificate of completion.

YMCA of Greater Syracuse Members \$115 / Non-Members \$150  
Web Registration Code: 18PCM 0731BBYSIT



## SOCCER CAMP

An intensive camp designed to help players improve their dribbling, first touch, passing and shooting skills. Players will gain confidence on the field with peers.

WEEK 3	July 9 - 13	9:00am - Noon
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YMCA of Greater Syracuse Members ONLY \$115  
18PCM 0741SOCCMP03-06

## BASKETBALL CAMP

Camper will be treated to all things basketball - ball handling, dribbling, shooting, passing, conditioning, free throws and more will be covered with fun games and drills.

WEEK 6	Jul 30 - Aug 3
Half Day	9:00am - Noon
Full Day	9:00am - 4:00pm

YMCA of Greater Syracuse Members ONLY  
Half Day \$115 / Full Day \$175  
18PCM 0741BBCMP01-04

# CAMP HORIZON & SUMMER ODYSSEY

## DAY CAMPS FILLED WITH FUN, FRIENDS AND EXPLORATION!

Grades K-8 / June 25 - August 17 / Registration begins Feb 3

These summer day camps are the ultimate full-day experience. Weeks rotate across a variety of entertaining themes to keep days fresh and fun for campers!

Counselors and staff are well trained in age-appropriate activities, engaging program planning, emergency/safety procedures (including First Aid and CPR) and creating a fun, positive experience for all campers.

FREE Academic Support in reading and math is available at Summer Odyssey for YMCA of Greater Syracuse Members during camp hours to keep kids' studies right on track.

For a full breakdown of weekly themes and activities by camp, including the structure of a typical day, please reference pages 14-15 of our 2018 Program Guide.

- Crafts
- Drama
- Group challenges
- Field trips
- Featured guests
- Nature exploration
- STEM activities
- Special events
- Sports
- Swimming

Contact Caitlin Alcott, Camp Director, at (315) 303-5966 or [calcott@syracuseymca.org](mailto:calcott@syracuseymca.org) for more details or questions. You can also visit our website at [www.yncy.org](http://www.yncy.org) for additional information.

# REGISTRATION FORM

**BASKETBALL CAMP** WEEK 6: Jul 30 – Aug 3  
 This specialty sports camp has both half and full day options, so please select your age group and preference for camp duration:

- TWEEN**  
 Half Day 9:00am – Noon  
 Full Day 9:00am – 4:00pm
- TEEN**  
 Half Day 9:00am – Noon  
 Full Day 9:00am – 4:00pm

If your camper will be attending full day, please pack a bagged lunch that does not require refrigeration, a healthy snack and plenty of water (or a re-fillable bottle) to stay hydrated.

Registration begins Feb 3 for all program camps and spots will be filled on a first come, first served basis pending \$20/camp deposit.

Please check all camp selections below and complete the information on the reverse of this chart. Once complete, a Member Services Representative will be happy to enroll your child(ren) and answer any questions you may have.

WEEK	1	2	3	4	5	6	7	8	9	10
	JUN 25 - 29	JUL 2 - 6	JUL 9 - 13	JUL 16 - 20	JUL 23 - 27	JUL 30 - AUG 3	AUG 6 - 10	AUG 13 - 17	AUG 20 - 24	AUG 27 - 31
<b>KINDER</b> PRESCHOOLERS	___ Mini-Artists	NO CAMPS ON THE 4TH OF JULY		___ Kinder Sports	___ Mini-Artists	___ Dance/Art Combo ___ Explorations & Creations	___ Kinder Sports	___ Art/Sports Combo	___ Mini-Artists	
<b>YOUTH</b> GRADES K - 2	___ Young Artists	___ Dance/Art Combo ___ Soccer	___ Dance/Art Combo ___ Explorations & Creations	___ Discoveries & Innovations	___ Young Artists ___ Sports Extreme	___ Dance/Art Combo	___ Discoveries & Innovations	___ Clay Camp ___ Art/Sports Combo	___ Young Artists	___ FULL DAY Ultimate Combo
<b>TWEEN</b> GRADES 3 - 5		___ Soccer	___ Master Artists: Ceramics	___ Fun with STEM ___ Sports Extreme	___ Basketball: See Top Corner	___ Master Artists: Drawing & Painting	___ Fun with STEM	___ Home Alone/ ___ 8 is Great	___ FULL DAY Ultimate Combo	
<b>TEEN</b> GRADES 6 - 8	___ Adventures in Babysitting	___ Soccer		___ Basketball: See Top Corner						



# SUMMER PROGRAM CAMPS 2018 REGISTRATION FORM

REGISTRATION OPENS FEB 3, 2018

## PAYMENT

Please reference the reverse side of this form and check each camp you would like to register your child for this summer, then complete the short form below. Member Services will secure a camp spot with your non-refundable \$20 per week per child downpayment for each camp. Deposits may be transferred from one camp to another until May 15, after which it will be considered a withdrawal and loss of deposit. An additional downpayment will be required and applied to your new camp choice.

Payment in full is due 2 weeks prior to camp start date. To withdraw from a camp session, you must provide at least 2 weeks written notice and will be held responsible for full payment of any sessions not canceled 2 weeks in advance.

## CAMP AGREEMENT

- I hereby certify that my child is in normal health and capable of safe participation in Camp Programs. I assume all risk and hazards incidental to the conduct of this program. I hereby authorize the YMCA to obtain medical treatment for my child in the event that parents and emergency contact cannot be reached.
- Children signed into Family Prime Time will be escorted by staff to and from Camp – please fill out "Escort Sheet" upon drop off each time at Family Prime Time.
- Children under age 7 will be escorted to the bathrooms by staff during camp hours, children age 8 and older may use the restrooms independently.
- Yes  No I authorize the YMCA to use my child's photograph for marketing purposes.

## CAMPER INFORMATION

Child's Name \_\_\_\_\_ Grade Completed \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Relationship to Camper \_\_\_\_\_

Special Health Needs, Allergies or Information about Participant: \_\_\_\_\_

I have read and acknowledge the Agreement above and agree to its terms.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Print Name \_\_\_\_\_